

Taco Salad

(Serves 10-12)

1 lb grd beef

1 onion

1 - 15 oz can kidney beans

1/4 teas salt

4 - Tomatoes (chopped)

1 - head lettuce (chopped)

1 - can sliced olives

1 - large avocado

4 oz shredded sharp cheddar cheese

1 small bag nacho cheese taco chips (crushed)

8 oz "Catalina" dressing

dash of tabasco sauce (optional)

Brown grd beef + onion - drain off fat, add kidney beans (undrained) & salt - simmer 10 minutes then drain. When meat & kidney mixture has cooled, add to the lettuce mixture along with the dressing, cheese & tabasco sauce. At the last minute add avocado & chips mix well